Financial Capability Month

Learn the lingo in 30 days. No more mysteries here—just plain talk to up your money game.



Week 1

Know where your paycheck goes

TUE

Take-home pay

The amount of money you receive in your paycheck after deductions such as taxes, Social Security, and benefits (think: health care and retirement savings) have been subtracted.

W-2

A financial snapshot of your income that helps with filing taxes each year. It tells you about your annual earnings, deductions, and other money details that the IRS is curious about. WED

Taxable income

The part of your money that the IRS is interested in for figuring out how much tax you owe. THU It's what's left over after you've taken out any deductions and exemptions.

Social Security

FRI

Social Security helps provide financial support when you retire. It's a government program that sends regular payments to eligible individuals, which helps them maintain financial security in their later years.

Essential expenses

SAT

These are crucial, must-pay costs for basic living, like housing, food, utilities, and health

care. They are the necessities that you need to cover to maintain a reasonable quality of life. **Discretionary spending**

SUN

The money you choose to spend on non-essential items and activities, like entertainment,

dining out, travel, or other purchases. It's the flexible part of your budget, allowing for personal preferences and wants.

Week 2

America Saves Week

MON

A type of managed account that uses technology to help automate investing. Thanks to automation, robo advisory services are often offered for a lower fee than traditional

investment management.

Robo Advisor

Contribution rate A slice of your income that you're dedicating to retirement savings or investments. It's a great way to transform your intentions into impact.

WED

Money set aside to help cover unexpected costs like medical bills or a home or car repair.

Emergency savings

Try starting with \$1,000 then gradually build it up to cover 3 to 6 months of essential expenses. **Long-term goal**

THU

into reality. **Credit score**

A number between 300 and 850 that helps banks and credit card companies make

A money goal that's 3+ years away—like eliminating debt, saving for a home, or planning

retirement. Taking small steps now can make a big difference in helping turn these goals

FRI

decisions about lending you money. Higher scores help make it easier to get approved for more credit or lower interest rates.

SAT

the bond matures.

Debt minimum payments The smallest amount you must pay each month on a loan or credit card. Adding a little bit

more to your minimum monthly payment will help you pay off debt faster.

Bonds are like IOUs from companies or governments. When you buy one, you're lending

money. In return, you get periodic interest payments and your initial investment back when

SUN

Week 3

Learn the lingo

MON

Savings accounts that offer ways to save money and invest for the future, often with special tax savings. There are 9 basic types of retirement accounts, each with their own benefits.

help invest and save for retirement.

Retirement accounts

A workplace account where you set aside and invest a portion of your paycheck to save for TUE retirement. Many employers match contributions (you put in money and they put in

money), up to a certain amount.

403(b) A retirement savings plan available for employees in certain tax-exempt organizations, like

public schools, nonprofits, and government agencies. It allows you to contribute money to

THU

WED

<u>IRA</u>

HSA

401(k)

An individual retirement account (IRA) is a personal retirement savings account (separate from employer-sponsored plans). You contribute money, often with tax incentives, and prep for the retirement you want.

A health savings account (HSA) is a tax-efficient way to manage health care costs. You

contribute pre-tax money to cover qualified medical expenses, now or in the future.

FRI

FSA A flexible spending account (FSA) lets you set aside pre-tax money for health care or

dependent care expenses, like prescriptions or childcare. These accounts are typically "use it or lose it."

SUN

SAT

529 savings plans

A flexible, tax-advantaged savings account for education expenses. You invest money and then any withdrawals for qualified expenses (for preschool through college and beyond) are tax-free.

Make your money work harder

Protect your loved ones

Week 4

MON

the highest interest, while continuing to make the minimum payment on your other debts, then you start paying down the loan with the next highest interest.

A debt payoff approach where you start by paying off the smallest debt first, while

A debt payoff method that tackles high-interest debt first. After you pay off the account with

TUE

continuing to make the minimum payment on your other debts. Then roll those victories into bigger ones. This helps you gain momentum.

Avalanche debt payment method

Snowball debt payment method

WED

Investing

you started with. It can be a helpful way to build a solid financial foundation over time. **Stock market**

A financial marketplace where you can buy and sell shares of public companies. Many

people invest in the stock market with hopes of earning more money on their investments.

interest of its own. So, you earn interest on both your initial balance and the interest that's

You put money into assets like stocks or bonds with the goal of making more money than

THU

Compound interest Compound interest is when interest you earn in a savings or investment account earns

added to the balance over time.

Volatility Volatility is like a roller coaster of ups and downs in the money world. It measures how

much an investment's value fluctuates, offering opportunities and risks for investors.

SUN

SAT

Inflation Inflation is the rise in the price of goods and services over time. This diminishes the value of

Estate plan

Beneficiary

bank accounts.

Will

money. What you could buy yesterday might cost more tomorrow.

MON

Week 5

A financial playbook for the future. It includes a will, power of attorney, and more to ensure your wishes are honored and that your loved ones are cared for.

TUE

WED

A will is your personal script when you're no longer around. It outlines who gets what, from your prized possessions to property. It's your final say in ensuring your wishes are honored.

A beneficiary is like a VIP of your financial plans. Usually a family member or close friend,

they are who you designate to receive your assets, like life insurance, retirement funds, or

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